



# health

Department:  
Health  
**REPUBLIC OF SOUTH AFRICA**

## Health Awareness Days 2015

### JANUARY

Skin Cancer Awareness Month (SunSmart)

4 World Braille Day  
27 World Leprosy Day

### FEBRUARY

Healthy Lifestyles Awareness Month

Reproductive Health Month

Environmental Awareness Month

4 World Cancer Day  
9 International Epilepsy Day  
10-16 STI / Condom Week  
10-16 Pregnancy Awareness Week  
22 Healthy Lifestyles Awareness Day

### MARCH

TB Awareness Month

Balanced Lifestyle Campaign

Health Awareness Month

4-8 School Health Week  
8 International Women's Day  
8-14 World Glaucoma Week  
16-22 World Salt Awareness Week  
12 World Kidney Day  
20 World Head Injury Awareness Day  
21 Human Rights Day  
21 World Down Syndrome Day  
24 World TB Day

### APRIL

Health Awareness Month

7 World Health Day  
17 World Haemophilia Day  
24-30 Global/African Vaccination Week  
25 World Malaria Day  
29 April -17 May National Polio (1<sup>st</sup> Round) and Measles Immunisation Campaign

## MAY

Anti-Tobacco Campaign Month

Burns Month

International Multiple Sclerosis Month

3-10	Hospice Week
6-12	Burns Awareness Week
8	World Red Cross Day
10	World Move for Health Day
12	World Chronic Fatigue and Immune Dysfunction Syndrome
12	International Nurses Day
15 May-15 June	Go Torquise for the Elderly
17	World Hypertension Day
17	International Candlelight Memorial Day
27 May-2 June	Child Protection Week
28	International Day of Action for Women's Health
31	World No Tobacco Day

## JUNE

Men's Health Month

National Blood Donor Month

National Youth Month

1	International Children's Day
2	International Cancer Survivors' Day
3-9	World Heart Rhythm Week
4	International Day of Innocent Children – Victims of Aggression
5	World Environment Day
14	World Blood Donor Day
15	World Elder Abuse Awareness Day
16	Youth Day
15-21	National Epilepsy Week
17-28	National Polio (2 <sup>nd</sup> Round) Immunisation Campaign
21	National Epilepsy Day
24-30	National Youth Health Indaba
24-28	SANCA Drug Awareness Week
26	International Day against Drug Abuse and Illicit Drug Trafficking

## JULY

Mental Illness Awareness Month

1-5	Corporate Wellness Week
11	World Population Day
18	International Mandela Day
28	World Hepatitis Day

## AUGUST

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (spans 15 August to 15 October)

National Women's Month

Organ Donor Month

1-7	National Breastfeeding Week
1-7	CANSA Care Week
3-28	HPV Vaccination campaign
6-12	Polio Awareness Week
4-10	Rheumatic Fever and Rheumatic Heart Disease Week
9	National Women's Day
12	International Youth Day
15	Commencement of Bone Marrow Donation and Leukaemia Awareness Months

26-31	African Traditional Medicine Week
31	African Traditional Medicine Day

## SEPTEMBER

Albinism Awareness Month	
Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (spans 15 August to 15 October)	
Cervical Cancer Awareness Month	
Childhood Cancer Awareness Month	
Eye Care Awareness Month (spans 21 September to 18 October)	
Muscular Dystrophy Awareness Month	
National Heart Awareness Month	
National Month of Deaf People	
National Oral Health Month	
1-8	Pharmacy Week
2-6	Kidney Awareness Week
2-6	Back Week
9	International Foetal Alcohol Syndrome Day
10	International Gynaecological Health Day
11	World Hospice and palliative Care Day
12	World Oral Health Day
14	National Attention Deficit Hyperactivity Disorder Day (ADHD)
21	World Alzheimer's Day
21-27	World Retina Week
23	Commencement of Eye Care Awareness Month
26	World Environmental Health Day
28	World Rabies Day
26	World Retina Day
29	World Heart Day

## OCTOBER

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (spans 15 August to 15 October)	
Breast Cancer Awareness Month	
Eye Care Awareness Month (spans 21 September to 18 October)	
Mental Health Awareness Month	
1	International Day for Older Persons
1	National Inherited Disorders Day
8	World Sight day
9	Partnership against AIDS Anniversary
9	International Day for Natural Disaster Reduction
9-15	National Nutrition Week
10	World Mental Health Day
9	World Sight Day
11-17	Case Manager Week
12	World Arthritis Day
12	National Bandana Day
10	World Hospice and Palliative Care Day
12-20	World Bone and Joint Week
15	National Foetal Alcohol Syndrome Day
15-19	National Obesity Week
16	World Food Day
16	World Spine Day
17	World Trauma Day
17	International Day for the Eradication of Poverty
20	National Down Syndrome Day
20	World Osteoporosis Day

18-24	International Lead Poisoning Prevention Week
23	National Iodine Deficiency Disorder Day
24	World Polio Day
28-3 November	Stroke Week
29	World Stroke Day
30	Commemoration of African Food and Nutrition Security Day

## NOVEMBER

Quality Month  
Red Ribbon Month  
National Disability Awareness Month (3 Nov – 3 December)  
CANSA Men's Awareness

2	National Children's Day
4-10	National Cardiopulmonary Resuscitation (CPR) Week
2-6	SADC Malaria Week
6	SADC Malaria Day
9	World Quality Day
14	World Diabetes Day
25	International Day for the Elimination of Violence against Women
25/11-10/12	16 Days of Activism on No Violence Against Women & Children

## DECEMBER

Prevention of Injuries Month  
Skin Cancer Awareness Month (SunSmart)

1	World AIDS Day
3	International Day of Persons with Disability
5	International Volunteers Day
9	World Patient Safety Day
10	International Human Rights Day